

Asociación Nacional de Psicología Latina

# **EL BOLETIN**® THE BULLETIN

Celebrando nuestro pasado y creando nuestro futuro Celebratina our past and creatina our future

Volume 6, Number 1

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# FROM THE DESK OF THE PRESIDENT...

# Patricia Arredondo, Ed.D. **Arizona State University**



Happy New Year! The year 2003 represents a new era for the National Latina/o Psychological Association (NLPA). With this edition of "El Boletín", we begin writing bilingual columns. It is important for us, as the leadership, to model the value of bilingualism and to provide accessibility to our monolingual Spanish readers. We also hope to hear from those in the health and mental health professions in Spanish-speaking countries.

Since August 2002, our membership has continued to grow and we now have nearly 100 members. This is also our second newsletter, thanks to the leadership and organizational skills of Lisa Sánchez-Johnsen. Our website will be completed by Spring 2003, under the direction of Andrea Romero. These two professionals, along with all members of the NLPA Executive Committee, are committed to the growth and success of our/your organization. We also had exhibits at 3 conferences: the Latino Psychology Conference, the RACE 2003 conference, and the National Multicultural Conference and Summit. We are now exploring the possibility of hosting the 2004 Latino Psychology Conference in Phoenix. Latinos represent the fast-growing and youngest population in Arizona. A national conference will offer multiple opportunities to the organization, to professionals, and ultimately to clients and families who deserve culturally competent services. Please send us suggestions for keynote speakers and conference themes.

Finally, I invite you to consider how you can support the goals of the NLPA. First, we invite you to financially support the registration of students at the 2003 American Psychological Association conference. These funds would allow us to offer scholarships to deserving students. Second, we need help with the printing and mailing of newsletters. If your institution is interested in this contribution, please contact Lisa Sánchez-Johnsen.

I have always liked the expression from the movie *Stand and Deliver* as well as from family elders, "hay que tener ganas" ("one has to have the motivation, desire, willingness"). With the collective desire of students and professionals, the NLPA can make great progress, creating and leaving legacies for those who will follow us. Hasta pronto! Patricia Arredondo

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#### **DEL ESCRITORIO DE LA PRESIDENTA...**

İFeliz Año Nuevo! El 2003 representa una nueva era para la Asociación Nacional de Psicología Latina (NLPA). Comenzamos esta edición de "El Boletín", escribiendo columnas bilingues. Es importante para nosotros, como líderes, el modelar valores bilingues y proveer accesibilidad a nuestros lectores monolingues en español. También esperamos escuchar de todos aquellos profesionales en el area de salud y salud mental, en los países de habla española.

A partir de Agosto 2002, nuestra membrecía continúa creciendo, y ya casi alcanzamos los 100 miembros. Este es nuestro segundo boletín informativo, gracias al liderazgo y habilidad organicional de Lisa Sánchez-Johnsen. Nuestro sitio de internet se completará en la primavera del 2003, bajo la dirección de Andrea Romero. Estas dos profesionales, el igual que todos los miembros del comité ejecutivo, están compromitido con el crecimiento de nuestra/su asociación. También tuvimos exhibiciones en 3 conferencias: the Latino Psychology Conference, the RACE 2003 Conference, y National Multicultural Conference and Summit. Nosotros ahora estamos explorando la posibilidad de ser anfitriones la Conferencia de Psicología Latina del 2004 en Phoenix. Los Latinos representan la población más joven y de rápido crecimiento en Arizona. Una conferencia nacional ofrecerá oportunidades a nuestra organización, a profesionales, y por último a los clientes y familias, quienes merecen servicios culturalmente competente. Por favor envíe sus sugerencias para "keynote speakers" y temas de conferencias,

Finalmente, los invito a considar como pueden apoyar las metas de la NLPA. Primero, los invitamos a financiar el registro de estudiantes el la conferencia de la Asociación Americana de Psicología en el 2003. Estos fondos nos permitirán ofrecer becas a estudiantes que las merecen. También necesitamos ayuda con el envío e impresión del boletín informativo. Si su institución esta interesada en este tipo de contribución, favor de contactar a Lisa Sánchez-Johnsen.

Siempre me ha gustado la expresión de la película *Stand and Deliver*, al igual que de nuestros familiares mayores "hay que tener ganas". Me parece que con el deseo colectivo de estudiantes y profesionistas, podemos tener gran progreso, crear y dejar legacias para todos aquellos que nos proseguiran en la NLPA. Hasta pronto! Patricia Arredondo

#### **EXECUTIVE COMMITTEE REPORTS**

#### Student and Professional Development: Maríe L. Miville, Jeanett Castellaños, and Verónica Leal-Muñiz

The NLPA Student and Professional Development subdivision is designed to recruit, retain, and ultimately assist with the graduation and professional advancement of Latina/o students, faculty, and staff in higher education pursuing the field of psychology. More specifically, the goal is to facilitate: (1) student development and (2) professional development. Student development targets both undergraduate and graduate students in pursuit of educational excellence. The professional development effort targets academicians and practitioners throughout the entire professional career span (early, mid and late). This division endeavors to:

- Assist APA, higher education institutions, and psychology programs to create an environment that acknowledges, respects and includes the Latina/o culture.
- Establish working relationships with institutions of higher education to develop academic opportunities for Latina/o undergraduates, graduates, and faculty and staff.
- Establish partnerships with local Latina/o communities and agencies to develop internship/employment opportunities for Latina/o students.

• Provide support to Latina/o students and professionals in helping them to achieve their highest educational and professional potential. Specific programming ideas include: developing a coordinated events calendar for the association; developing a mentoring program that will provide peer and professional mentorship for Latina/o students and faculty (e.g., sponsoring roundtables at conferences); establishing NLPA chapters across university and college campuses; helping to organize regional 1-day conferences; and developing websites focusing on graduate programs and scholars who have specialties in Latina/o issues and summer institutes and employment for students; and a Recognition Program for students, professionals and programs. Now is the time to get involved in setting up these programs! If you are interested in helping with student and professional development programs, please contact Marie (miville@okstate.edu) or Jeanett (castellj@uci.edu).

#### Membership and Treasury: Jari Santana-Wynn and Edward Delgado-Romero

As of 1/5/03, there were 77 dues paying members and 2 institutional/organizational members (Finch University of Health Sciences/The Chicago Medical School and the Midwest Association of Latina/o Psychology). There is \$2,732.00 in the NLPA treasury.

#### **SPOTLIGHT ON LATINA/O PSYCHOLOGY**

#### Health Care Access Among Mexican/Mexican Americans Seeking Services For Depression

This edition of El Boletín features the innovative research of Dr. Andrés Consoli, associate professor of counseling, San Francisco State University. Dr. Consoli recently received a NIH-R24 grant from the National Institute of Mental Health to research the decision making process in health care access among Mexican/ Mexican-Americans currently seeking services because of depression. In this two-year project, Dr. Consoli will contribute to the ongoing attempts at understanding health care access patterns by articulating an integrative model of decision-making that resorts to the strengths of contingency models and complements them with the unique contributions of sociological (illness career and social networks), psychological (social representation of practices), and cultural (norms, values, beliefs) dimensions assessed via qualitative and quantitative methodologies. Personal accounts of access engaged in by low-income patients seeking mental health care for depression in the public, general or specialty sector will be obtained and analyzed to refine this integrative model. For more information, contact Dr. Consoli at consoli@sfsu.edu. İBuenta suerte. Dr. Consoli!



María Garrido, Chair, 2002 Latino Psychology Conference (center) with NLPA student member Jeannette Torres (left) and NLPA Student and Professional Development Coordinator Jeanett Castellaños, (right) at the NLPA Membership Meeting, 10/19/02.

#### **STUDENT COLUMN**

#### Focus on Latino Psychology 2003 Conference

David X. Marquéz

My name is David Marquez, and I am working on my Ph.D. in Kinesiology at the University of Illinois at Urbana-Champaign. Specifically, my area of study is Exercise Psychology. I am interested in the physical activity patterns of Latinos and the psychosocial correlates of this activity. Given my area, I was a bit apprehensive about the conference in that I wasn't sure that the research that would be presented would directly relate to my own work. On the contrary, I found that the presenters had a tremendous amount of pertinent information. Information relative to acculturation, the importance of studying cultural values, and Latino health orientations, among other information, was extremely helpful.

Perhaps presentations relative to personal, professional, and social development were most helpful. Hearing about the developmental challenges faced by past and present Latino psychology faculty not only helps us to prepare for those challenges, but also helps us to appreciate the path that has begun to be laid. These presentations were moving and inspirational, providing additional motivation to be a successful Latino faculty member.

Networking is always an important aspect of conferences, especially for a young investigator. However, networking at the Latino Psychology conference was not networking in the usual sense. It was networking with a personal, caring aspect. People were not only interested in talking to you because they wanted to know who you were, but rather they were genuinely interested in you and how your research can help Latinos.

Finally, having the opportunity to hear renowned scholars such as Dr. Lillian Comas-Díaz and Dr. Steven R. López was an honor. Given my experience at the 2002 Latino Psychology conference, I am happily anticipating future conferences and the people and research it will bring together.

This column focuses on an article written by a student or about any issue affecting undergraduate or graduate students. Please contact Dr. Lisa Sánchez-Johnsen if you are interested in writing an article for this column.

#### ANNOUNCEMENTS

New and Improved NLPA Name and Motto

National Latina/o Psychological Association Asociación Nacional de Psicología Latina

A very special muchas gracias to everyone who helped to develop the NEW and IMPROVED NLPA logo and motto! In order to be more inclusive, we included both Latinas and Latinos in the name of our Association, as well as included our name en Español: "Asociación Nacional de Psicología Latina". The new NLPA motto is: "Celebrando nuestro pasado y creando nuestro futuro: Celebrating our past and creating our future".

The NLPA Executive Committee extends their sincerest gratitude to the following individuals and institutions:

Finch University of Health Sciences/The Chicago Medical School, Department of Psychology and The Midwest Association of Latina/o Psychology, for being the first and second institutional/organizational members of the NLPA.

María Garrido and the 2002 Latino Psychology Conference Planning Committee (Yolanda Flores Niemann, Cynthia de las Fuentes, Brian McNeill, and Joseph Pittle), for their tireless dedication to Latino mental health and for organizing an outstanding conference.

Miami University of Ohio, for printing the NLPA brochures.

Office of Ethnic Minority Affairs, American Psychological Association, for printing the NLPA stationary and envelopes.

Azara Santiago-Rivera, Patricia Arredondo, and Maritza Gallardo-Cooper, for generously donating the proceeds from the sale of their books at the book signing at the 2002 Latino Psychology conference.

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#### HONORS AND AWARDS



On behalf of the NLPA, we congratulate the following individuals who received awards, honors, or grants. We wish you continued success! IFelicitaciones y buena suerte!

Andrés Consoli, associate professor of counseling, San Francisco State University, who was awarded a NIH-R24 grant from the National Institute of Mental Health. See "Focus on Latina/o Psychology" for more information.

**Bernardo M. Ferdman, Ph.D.,** who was elected as a 2002 Fellow of the American Psychological Association (Div. 9, Society for the Psychological Study of Social Issues).

**Fred Millán,** Ph.D., Associate Professor and Chair of the Psychology Department at SUNY/College at Old Westbury, who received the 2002 State University of New York's Chancellor's Award for Teaching Excellence.

**Melba Vásquez,** who won two prestigious awards: the 2002 Senior Career Award for Distinguished Contributions to Psychology in the Public Interest from the American Psychological Association, and the 2002 Janet E. Helms Award for Mentoring and Scholarship, from the Winter Roundtable on Cross-Cultural Psychology and Education at Columbia University.

### NIAAA Alcohol Research Mentoring Program for Minority Investigators

The Alcohol Research Mentoring System (ARMS), sponsored by the National Institute on Alcohol Abuse and Alcoholism (NIAAA) and the National Center on Minority Health and Health Disparities of NIH, is recruiting new, minority investigators interested in alcoholfocused social or behavioral science research projects. ARMS will match new, Ph.D.-level, investigators with senior, NIAAA-funded researchers who will serve as mentors. Non-minority faculty at Historically Black Colleges and Universities are also welcome to apply. To request an application, contact Ms. D'Elio (mdelio@cdmgroup.com). To discuss research, contact Dr. Scott at NIAAA, 301-402-6328.

#### **UPCOMING AND RECENT PUBLICATIONS**



Crosby, F. J., Ferdman, B. M. & Wingate, B. R. (2001). Addressing and redressing discrimination: Affirmative action in social psychological perspective. In R. Brown & S. Gaertner (Eds.), <u>Blackwell Handbook in Social Psychology, Vol. 4: Intergroup</u> <u>Processes</u> (pp. 495-513). Oxford: Blackwell. [Also excerpted in F. J. Crosby & C. VanDeVeer (Eds.) (2000). <u>Sex, Race, and Merit:</u> <u>Debating Affirmative Action in Education and Employment</u> (pp. 134-137). Ann Arbor: University of Michigan Press.]

Davidson, M. N. & Ferdman, B. M. (2001). A matter of difference-Diversity and inclusion: What difference does it make? <u>The Industrial-Organizational Psychologist</u>, 39 (2), 36-38.

**Davidson, M. N. & Ferdman, B. M**. (2002). A matter of difference-Inclusion and power: Reflections on dominance and subordination in organizations. <u>The Industrial-Organizational</u> Psychologist, 40 (1), 62-67.

Ferdman, B. M. & Davidson, M. N. (2002). A matter of difference-Diversity and drawing the line: Are some differences too different? (Or: who's in, who's out, and what difference does it make?). <u>The Industrial-Organizational Psychologist, 39</u> (3), 43-46.

Ferdman, B. M. & Davidson, M. N. (2002). A matter of difference-Inclusion: What can I and my organization do about it? <u>The Industrial-Organizational Psychologist, 39</u> (4), 80-85.

Ferdman, B.M. & Gallegos, P. I. (2001). Latinos and racial identity development. In C. L. Wijeyesinghe & B. W. Jackson III (Eds.), <u>New Perspectives on Racial Identity Development: A</u> <u>Theoretical and Practical Anthology</u> (pp. 32-66). New York: New York University Press.

Fitzgibbon, M. & Sánchez-Johnsen, L. (in press). Reduction of Health Risk in Ethnic Minority Populations. In Camic, P., & Knight, S. (eds). <u>Handbook of Health Psychology</u>, Seattle, WA: Hogrefe & Huber Publishers.

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Fitzgibbon, M. L., & Sánchez-Johnsen, L.. (in press). A Test of the Continuity Hypothesis Across Binge Eating and Bulimic Pathology. International Journal of Eating Disorders.

La Roche, M. (1999). Culture, transference, and countertransference among Latinos. <u>Psychotherapy, 36</u>, 389-397.

La Roche, M. (2002). Psychotherapeutic considerations in treating Latinos. <u>Harvard Review of Psychiatry, 10</u>, 115-122.

La Roche, M. & Turner, C. (2002). At the Crossroads: Managed mental health care, the ethics code, and ethnic minorities. <u>Cultural</u> <u>Diversity and Ethnic Minority Psychology</u>, 8, 187-198.

La Roche, M & Maxie, A. (2003). Ten considerations in addressing cultural differences in psychotherapy. Journal of <u>Professional Psychology: Research and Practice. 34</u>.

Santiago-Rivera, A.L., Arredondo, P., & Gallardo-Cooper, M. (2002). <u>Counseling Latinos and la familia</u>. Thousand Oaks: CA, Sage.

Santiago-Rivera, A.L., & Altarriba, J. (2002). The role of language in therapy with the Spanish-English bilingual client. <u>Professional Psychology: Research and Practice, 35</u>, 30-38.

Vásquez, M. J. T. (2001). Reflections on Unearned Advantages, Unearned Disadvantages, and Empowering Experiences. In J. G. Ponterotto, J. M. Casas, L. A. Suzuki, C. M. Alexander (Eds.). <u>Handbook of Multicultural Counseling</u> (2nd ed.) (pp. 64-77). Thousand Oaks, CA: Sage.

Vásquez, M. J. T. (in press). Troxel v. Granville: Impact on ethnic minority families. <u>Family Court Review</u>.

Vásquez, M. J. T. (2001). Leveling the Playing Field: Toward the Emancipation of Women. <u>Psychology of Women Quarterly, 25</u>, 89-97.

Vásquez, M. J. T. (2001). Advancing the Study of Chicana/o Psychology. <u>The Counseling Psychologist, 29</u>, 118-127.

Velásquez, R. J., Arrelano, L. & McNeill, B.W. (Eds.). (in press). <u>Handbook of Chicana and Chicano Psychology</u>. Lawrence Erlbaum.

#### **CONFERENCES/MEETINGS**

National Multicultural Conference and Summit January 23-24, Hollywood, California For more information, go to: www.multiculturalsummit.org

#### 20<sup>th</sup> Anniversary Teacher's College Winter Roundtable on Cross-Cultural Psychology and Education February 20-22, 2003, New York, New York For more information, go to: www.tc.edu/roundtable

#### Ethnic Minority and Multicultural Health Special Interest Group, at the Society of Behavioral Medicine Meetina

March 20, 2003, Salt Lake City, Utah For more information, e-mail Dr. Sánchez-Johnsen at I-johnsen@northwestern.edu

#### American Counseling Association

March 23-27, 2003, Anaheim, California For information, go to: www.counseling.org/convention

#### Interamerican Congress of Psychology

Sponsored by the Interamerican Society of Psychology (SIP) July 13-18, 2003, Lima, Peru For more information, e-mail sip2003@universia.edu.pr or go to: www.am.org/sipsych

#### American Psychological Association

August 7-10, 2003, Toronto, Ontario, Canada For more information, go to: www.apa.org

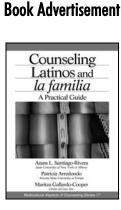
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Issue	Closing Date for Ads	Targeted Mailing Date
Fall	October 1	November 1
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#### **Classified Rates/Payment Terms**

\$5 per line for Employment Notices. Minimum order is 10 lines (\$50.00). Each line contains approximately 40 characters. To submit copy and/or other classified display advertisements, or for more information, contact Dr. Lisa Sanchez-Johnsen at I-johnsen@northwestern.edu



<u>Counseling Latinos and la familia</u>, provides an integrated approach to understanding Latino families and increasing competency for counselors and other mental health professionals who work with Latinos and their families. It provides essential background information about the Latino population and the family unit which is so central to Latino culture. The book also includes practical counseling strategies, focusing on the multicultural competencies approach. <u>Contact</u>: SAGE PUBLICATIONS: (805)499-0721, E-mail: info@sagepub.com, Mention: A020871-A. Website: www.sagepub.com

#### NLPA EXECUTIVE COMMITTEE

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# **REQUEST FOR ARTICLES**



Please submit research, clinical, or training articles relevant to Latina/o psychology to: Lisa A. P. Sánchez-Johnsen, Ph.D. at I-johnsen@northwestern.edu



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